

THE BIBLE OF YOU:

A GUIDED WORKBOOK FOR MANIFESTATION

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DEDICATED TO THE DARKNESS.

The deeper you go into it,
the sooner you will pass
through the tunnel of fear,
and see the light that shines within.
May you all make it to the other side.

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INTRODUCTION

True manifestation is a harmonious balance of fulfilling your soul's purpose and uncovering your true nature in every aspect of life. Manifestation should not only bring about changes in your environment, but fulfillment and purpose on the inside as well.

You have the power to manifest anything. The material aspects of life are arbitrary and replaceable, and will be different for each of you. What everyone truly wants in life is universal: abundance, love, joy, unity, acceptance, freedom, happiness, wealth. In energetic terms, this is all love, a harmonious balance of giving and receiving. Any material thing you want, person, job, house and so on, is a symbolic gesture that simply represents what you truly want: positive energy, or love.

In order to understand true manifestation and the attainment of happiness, let us distinguish low magick, high magick and black magick.

Higher magick is manifestation of the divine. It is the spiritual attainment of fulfillment, alignment and happiness. It is to live in a meditative state, rather than to meditate in order to escape a living hell.

To manifest things that are not aligned with your true nature and divine purpose, we will call this "low magick". Without embracing the universal and karmic laws of nature, you will not be able to hold onto what you attain. If you are not vibrationally aligned, you can come into money, into a job, into a relationship, only to feel emptier than whence you came. If you are not clear on your true nature and true desires, you will receive what you want, only to realize you never really wanted it at all.

Those who wish to manifest negativity upon others, or "black magick", will continue a life of suffering, poverty and unhappiness. This magick stems from fear, the opposing force of love. If you hold onto fear and negativity, those who have wronged you still have power over you; boxing you in and blocking you from ascension and karmic gifts.

If you practice hatred, you become hatred, only to keep yourself living in the past. In turn, you will hate your life and yourself. Doing harm to others does more harm to you. In order to truly manifest limitless abundance, riches, love and joy for yourself, you must wish the same for others.

Abundance and love are energy. They are infinite and limitless. The power to turn negativity into positivity is in each and every one of you.

*Love is infinite.
Wealth is infinite.
Power is infinite.*

*Success-
Happiness-
Joy-
are infinite.*

*Are energy.
I AM GOD,
AND SO ARE YOU.*

Pray for me and I will pray for you.

CHAPTER I: ENVISIONING YOUR DREAM LIFE

In writing out your dream life, always focus on the positive: what you want. Never write down or even think about what you don't want. Focusing on what you don't want will regress you mentally and physically back to the place you want to leave.

Let's begin your manifestation...

Write your dream for each aspect of life in detail, be specific.

There are no judgments, no opinions from others, no obstacles, no constraints or limited amounts of money. This ideal life is your dream:

RELATIONSHIPS/LOVE: (With what kind of partner?

How do you communicate and support one another? How important are values?)

DIET/NUTRITION:

SEX: (With whom? How often? How does it make you feel emotionally?)

TRAVEL: (How often? Where are you going?)

HOME/LIVING: {Where do you live? What is the environment? What does it look like?}

CAREER: What do you do? Do you work for yourself? Where do you work?

MONEY: (How much do you make?)

ACTIVITIES/HOBBIES: (What do you do for fun?)

EDUCATION: (Reading/classes/etc?)

SPIRITUAL: (How do you stay in tune with your power?)

FRIENDS: (Who are you surrounded by?)

WELLNESS: (Holistic health?)

PHYSICAL HEALTH: (How do you stay active?)

PHYSICAL APPEARANCE: (How do you look?)

MATERIAL WEALTH: (What do you own? Style?
Things symbolic of making it?)

EMOTIONAL: (How do you feel?)

FAMILY: (Your biological family or your own created family? Take it to mean what you want, this is your DREAM family life...)

CREATE AN IDEAL SCHEDULE.

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

6AM

7AM

8AM

9AM

10AM

11AM

12PM

1PM

2PM

3PM

4PM

5PM

6PM

7PM

8PM

9PM

10PM

11PM

12AM

IMPLEMENT YOUR OWN SCHEDULE

You can start taking steps to implement your dream life now, and coming closer to the ideal version of yourself.

6AM

7AM

8AM

9AM

10AM

11AM

12PM

1PM

2PM

3PM

4PM

5PM

6PM

7PM

8PM

9PM

10PM

11PM

12AM

MOOD BOARD

Create a mood board of what your dream looks like. You may draw a picture, collage images you find, or find a way to artistically express your ideal life.

CHAPTER II: CLEARING BLOCKAGES

The only thing holding you back from the life you have now and the life you want to live is fear. Where did your fear come from? Pinpoint the root cause of it so you can clear it. Once you realize it is not your fear, that is was programmed unto you by someone else, you can be released of the blockage.

EXERCISE: PROGRAMMED BELIEFS

How did your parents feel or act in regards to each of these aspects of life?

Write a description for both mother and father separately. With an absent parent write to the best of your knowledge. If you have adopted parents or caretakers, include their influence.

What was your parents attitude towards...

RELATIONSHIPS

Mother:

Father:

MONEY

Mother:

Father:

SEX

Mother:

Father:

TRAVEL

Mother:

Father:

HOME/LIVING

Mother:

Father:

CAREER

Mother:

Father:

ACTIVITIES/HOBBIES

Mother:

Father:

EDUCATION

Mother:

Father:

SPIRITUAL

Mother:

Father:

FRIENDS

Mother:

Father:

WELLNESS

Mother:

Father:

PHYSICAL HEALTH

Mother:

Father:

PHYSICAL APPEARANCE

Mother:

Father:

MATERIAL WEALTH

Mother:

Father:

TRAVEL

Mother:

Father:

EMOTIONAL

Mother:

Father:

FAMILY

Mother:

Father:

Your parents or caretakers beliefs formed your opinions of the world.
They programmed your understanding of what love is.

This means your concept of what love is, may actually be no love at all. Lack of love is love...

Or on the other hand, you could have been over-indulged, and lost your sense of independence. In this case, you lost your sense of the self.

The way in which you were programmed, through either neglect or control, (or both, hello Bi-polar) is reflected in each and every aspect of life.

Your parents' fears in turn became your fears. Because your true nature was not nurtured and valued, you lost faith in yourself. Somewhere along the line, you were programmed to believe that you can't or don't deserve to be a happy, fulfilled, loving, peaceful, free, beautiful, radiant, purposeful millionaire with the power of God flowing through you.

If someone does not believe in themselves, why would they believe in you?

That which makes you unhappy, makes you feel safe. It is your comfort zone. It is why you sabotage your own success. Allow yourself to be involved in jobs, relationships, living situations and activities that you hate. You learned to hate yourself, and accept that this is just what life is. It is miserable, but it feels like home. Happiness is an acquired taste, but with practice it will become comfortable.

CHAPTER III: THE ROOT CAUSE

A lack of self love leads to looking for fulfillment from the outside, or filling the void within. Based on the personality of your caregivers, This can manifest in several different ways. But there is one truth that remains a constant within every single person reading this: you have a lack of self love and self worth, and thus, you look for fulfillment from the outside. Not realizing that the answers lie within.

So let's look at 4 different parenting types, that shape your behavior and environment as an adult. Discover which type applies to you, so that you can uncover the root of the problem and release it. Please note, that most people can relate to ALL of the personality types on some level. This is because your parents are complex, and usually there will be a mixture of both control, over-indulgence and neglect.

TYPE I : OVERACTIVE (CONTROLLING)

If your parents were in any way aggressive or controlling by nature, this can lead to anxiety that needs to be suppressed with over-stimulation. A controlling parent may abuse you emotionally, physically or sexually. You may have been punished often for menial things or given conditional love, in which love was withheld from you if you did not meet a parents expectations or something was not done their way.

The response to being controlled is having too much negative energy that is suppressed within. This can manifest in any of the following ways: violence or aggression, conditional, co-dependent or toxic relationships and friendships, overly spending money, drugs, alcohol, sex, inability to be alone, food, basically: too much of anything.

The thing you are "addicted to". It doesn't matter. It is arbitrary and replaceable. If you quit one thing, you will replace it with another. So **IT IS NOT THE ADDICTION THAT CONTROLS YOU, IT IS THE ANXIETY.** The need to fill a feeling of emptiness.

In fact you may not have any addictions at all, but you do notice a pattern of bad-habits or self-sabotage. You realize how arbitrary everything is, and yet you still try to fill your void with anything you can get your hands on.

TYPE II: BLOCKED (NEGLECTFUL)

If you were neglected as a child (which everyone was to an extent) this will cause blockages and feelings of isolation. Rather than filling your void with pleasure, you turn away from pleasure all together. Your low self-esteem leads to a need for approval, people-pleasing, spending money you can't afford on others, stretching yourself too thin, or the inability to say no.

This can manifest as any of the following; anorexia, isolation, depression, lack of money or inability to hold onto money, having no sexual interest or sexual dysfunction, having a low standard for your quality of life, tolerating unhappiness, unhappy relationships, hating where you live, hating your job, and believing it all should be tolerated. In a sense, you are punishing yourself. It has been ingrained with you that you are not worthy and deserving of a life of true happiness. Your true nature was not valued and thus you do not value yourself.

Please note that if either of your parents were not in the picture, for any reason including death or adoption, this will be processed and internalized as neglect.

TYPE III: OVERACTIVE & BLOCKED

The third type occurs when there is a mix of both neglect and control, abandonment and punishment. For those who has parents that were both aggressive and aloof, the outcome can be any of the following: yo-yo-dieting, or losing and gaining large amounts of weight, bulimia, receiving a lot of money and then being broke, going back and forth between aggressive behavior and isolation, also known as bi-polar, lack of consistency, impulsive behavior and self-sabotage, obsessively drinking and then obsessively being sober: in essence, there is never a sense of peace. Just an ongoing cycle of filling the void and punishing ones self.

TYPE IV: NURTURING DEPENDENCIES

The fourth type is for those who believe there are no problems. That their parents gave them everything they needed, and are left feeling that "the problem must be me. I was born this way with no explanation". Fear not!

Overindulgence can lead to irresponsibility, lack of independence and inability to grow up. This is referred to as Peter Pan syndrome. A parent may overindulge the child, and not nurture their sense of independence. This can either stem from "helicopter parenting", which comes from a need for control, (overactive) or from guilt and overcompensation (blocked), and the parent's need to feel needed.

Regardless of the cause, the overindulged child does not learn to do things on their own. They are left feeling dependent upon the parent to take care of them, and may have trouble moving out of the house as an adult.

CHAPTER IV: MASCULINE & FEMININE ENERGY

Yin and yang is inside of you.

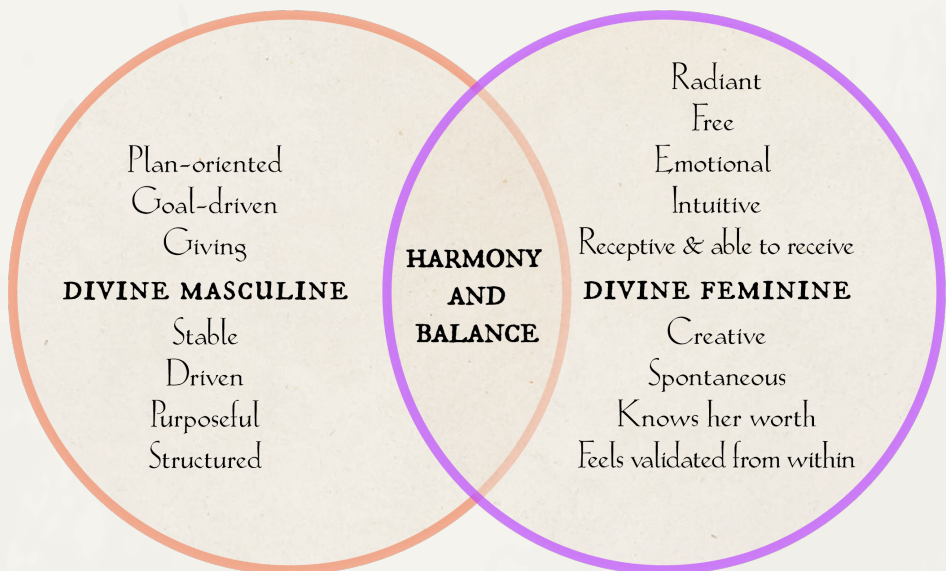
To release the fear that holds you back from manifestation, you must open up the energy centers and release the trauma. Suppressing your emotions for a lifetime causes you to behave and feel overactive, blocked or both. This holds you back from your truth and understanding your true nature. The trauma you experienced is not yours to carry, it is negativity that has been passed down for 5,000 years through your family lineage.

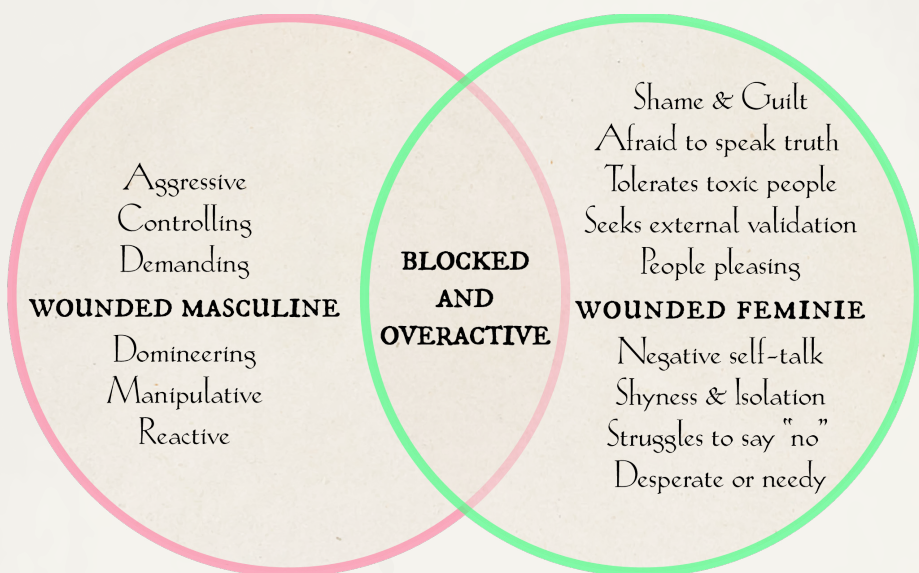
In order to realize that our negative emotions and fears are not our true nature, we must pinpoint where exactly they came from. Once you realize your imbalanced energy was programmed, you will feel relief in letting go of it and living with integrity as your true self.

The key to healing is balancing these overactive and blocked energies, by releasing the fear that is trapped within.

We can pinpoint the root cause of imbalances by viewing these parenting types as wounded masculine and wounded feminine energies, and then work towards creating divine masculine and divine feminine energies within.

Regardless of your sex, gender identity or sexual preference you have both feminine and masculine energy inside of you. Your mother has both masculine and feminine energy, your father has both masculine and feminine energy. This can come in either divine or wounded form.





Your wounded traits were passed down by watching your parents' response to their own trauma. Lets discover what wounded energy you are carrying that don't belong to you and your true self, so you can let them go.

If you do not know your biological parents, answer as best you can, and apply the questions to your caretakers as well. If you have same-sex parents, all of the questions still apply, answer for both parents.

WHICH OF THE FOLLOWING TRAITS BELONGS TO YOUR MOTHER?

(Check all that apply.)

- ☐ Wounded feminine in mother
- ☐ Represses truth
- ☐ Feels unworthy of abundance or love
- ☐ Shame or guilt (or makes you feel shame or guilt)
- ☐ Weak boundaries (does not respect space/privacy/independence)

WOUNDED MASCULINE IN MOTHER:

- ☐ Forceful
- ☐ Dominating
- ☐ Manipulative
- ☐ Overthinking
- ☐ Controlling
- ☐ Demanding

WHICH OF THE FOLLOWING TRAITS BELONGS TO YOUR FATHER?

(Check all that apply.)

- ☐ Wounded feminine in father:
- ☐ Represses truth
- ☐ Feels unworthy of abundance or love
- ☐ Shame or guilt (or makes you feel shame or guilt)
- ☐ Weak boundaries (does not respect space/privacy/independence)

WOUNDED MASCULINE IN FATHER:

- ☐ Forceful
- ☐ Dominating
- ☐ Manipulative
- ☐ Overthinking
- ☐ Controlling
- ☐ Demanding

**WHICH OF THE FOLLOWING TRAITS ARE YOU CARRYING IN
RESPONSE TO WATCHING YOUR FATHER OR MOTHER?**

(Check M box for Mother, F box for Father.)

- | | |
|--|----------------------------|
| <input type="checkbox"/> Forceful | <input type="checkbox"/> F |
| <input type="checkbox"/> Dominating | <input type="checkbox"/> F |
| <input type="checkbox"/> Manipulative | <input type="checkbox"/> F |
| <input type="checkbox"/> Overthinking | <input type="checkbox"/> F |
| <input type="checkbox"/> Controlling/Demanding | <input type="checkbox"/> F |
| <input type="checkbox"/> Repressed truth | <input type="checkbox"/> F |
| <input type="checkbox"/> Feeling unworthy | <input type="checkbox"/> F |
| <input type="checkbox"/> Shame and guilt me | <input type="checkbox"/> F |

CHAPTER V: RELEASING TRAUMA

The next step is to heal the wounds of fear and limited thinking implemented in childhood. How does this apply to manifestation? You cannot manifest what you want in your future until you release the trauma of your past.

So how can one book cover all of the different problems in the world? Everyone has their own unique story, with different childhoods, different traumas, different addictions...

Because the core, the truth, the root cause, and the true desire is universal.

YOU want to release your fear, and transform it into love. Anything negative in your life we will call fear. Anything positive in your life, we will call love.

These negative and positive energies are universal, and can be applied to any problem, any situation and any person. We are all connected consciousness. We all have negativity and fear from our past, and hope for positivity, happiness and love in our future.

Suffering, depression and suicidal thoughts occur when you cannot free yourself from your past. When you are stuck in an invisible prison that holds you back from abundance and love. You want to move forward and upwards, but you have placed limitations on your worth, and will not allow yourself to succeed in love, health, happiness, money, relationships, and so on. You become limited by your fear. You fear abundance and a better life because it is not comfortable. Your comfort zone lays in between the lines of scarcity and unhappiness.

The answer is not to suppress, control or manage your emotions. Logically, we think doing things that make us feel better will help... but this is only a short-term cure for the symptom. In order to create true and lasting change, you must treat the root cause of the problem. Go deeper into the negative feelings, and instead of escaping them, feel them fully and wholly so that you can release them.

CHAPTER VI: HEALING YOUR INNER CHILD

*Trauma:
a deeply distressing or disturbing experience.*

Every human experiences trauma. What may seem like “no big deal” to you now was deeply distressing as a child. When you are born your entire world consists of your parents or caretakers, your basic needs being met, your physical body, and feeling connection and love. When any of these needs are taken away from you, cause distress, or involve a disturbing experience, the result is trauma. We do not process these emotions as a child, and so the trauma is stored both in the body and the subconscious.

You may not still feel upset about what happened at age 3, but your brain was programmed to respond to the trauma. And so throughout adulthood, we have addictions, behavioral disorders, eating disorders, personality disorders, habits, tics, depression, emptiness and codependent relationships that all respond to the insecurity we felt as a child. All with no explanation because on the surface it seems nothing is terribly wrong in your life...

So now is the time to take care of your inner child. Care for the wounds that were left open, so that you can leave these habits that were developed to keep your inner child safe. You are now an adult, and can keep yourself safe and secure. Love and protect your inner child so you can become the confident, happy, successful adult you were meant to be.

How to heal your inner child:

REPLACE PARENTAL LOVE WITH SELF-LOVE AND UNIVERSAL LOVE

MEANING: Replace the need for approval or independence that was taken from you in childhood, and fill your unresolved trauma with self-worth based on self love (the love you have for yourself) and universal love (the value you provide to the world).

DO THIS IN 3 STEPS:

HEAL = Replace parental love

ALIGN = Grow Self love

MANIFEST = Give and receive universal love

1. Heal

- a. Clear your blockages and limitations caused by self-doubt. Know that this self-doubt is based on your parents/caretakers inability to nourish and value your independence, true nature and worth.
- b. Forgive for your own benefit. By forgiving internally, you will be able to release your past, and no longer feel stuck within your present circumstances or future. Know that the abuse, neglect or experience was not a result of your not being good enough to deserve love, it is a result of your abuser reacting to their own trauma. Be the one to break the cycle of negative energy.

2. Align

- a. Get clear on your purpose: when you remove the seeds of self-doubt you will be able to see what choices you are making in life to gain approval from others, versus what you actually want for your own life. What you truly want is your primordial truth, or true nature. By discovering who you truly are, you will come into alignment with your higher self.

3. Manifest

a. Now that you have a clear vision of your dream life, you need to energetically align with your dreams and then put strategic action into place. Energetically aligning starts with knowing and believing that you deserve this positive outcome. Think, believe, speak, act, walk and talk as the higher version of yourself who deserves this dream life. Mentally and energetically become the version of yourself you would love to be, and the physical and material form will follow. Beliefs become thoughts, thoughts, become actions, actions become your reality and environment.

CHAPTER VII: EQUATIONS OF UNIVERSAL LAW

EQUATIONS FOR HEALING

THE EQUATION IS SUPPOSED TO BE...

Parental love = Self-love = Universal Love

**IN RESPONSE TO TRAUMA, WE REPLACE PARENTAL LOVE
WITH CO-DEPENDENCY.**

Lack of parental love = Need for love and approval from others =
Co-dependency

Co-dependency = Toxic relationships ÷ Toxic habit/addictions

**IN HEALING WE REPLACE PARENTAL LOVE WITH THE
LIMITLESS EXCHANGE OF UNIVERSAL LOVE AND SELF
LOVE...**

Self love = Universal love

Universal love = Self love

The more you give to the universe, the more you build confidence. The more confidence you build, the more you can give to the universe. The more you give, the more you receive. The more you receive, the more you can give.

.....

ABUNDANCE = LOVE = POSITIVE

Love + Abundance = Selflessness = Giving = Infinite Wealth,
infinite love, infinite joy, infinite happiness, infinite money

SCARCITY = FEAR = NEGATIVE

Scarcity + Fear = Selfishness = Needing = Isolation, poverty,
unhappiness, loneliness

.....

VOID/EMPTINESS + SELF LOVE = HEALING

.....

**WHAT YOU LOVE DOING + WHAT HELPS OTHERS =
FULFILLMENT**

.....

Being thankful for the obstacles of your past to teach you lessons

+

Being thankful for the beauty that surrounds you in the present moment

+

Being thankful for the abundance you are coming into in the future
= Gratitude

.....

EQUATIONS FOR ALIGNING

Everything you do is either LOVE or FEAR

Love = Unconditionally giving, limitlessly receiving and giving

Fear = Scarcity, withholding, being blocked from giving or receiving

.....

EQUATIONS FOR MANIFESTING

Give it = Receive it

The more you give the more you receive

If Y gives X value, then Y receives X value

Need = Basing your worth and value on something outside of yourself

What you don't need = What you receive

Attracting = Not needing it, but being open to receiving it with
gratitude, love and respect

CHAPTER VIII: MINDSET WORK

In order to attract abundance, you must become a mirror for abundance. This means being negative or cynical will reflect a negative environment. You must force yourself to think positive in order to create a positive environment. Sometimes, when you are at your lowest, this is very hard. The way to create a positive mindset even when we are in a dark place is with gratitude practice.

Any time you are in a negative mindset fill out these lists:

List 5 things you are thankful for in this very moment that surround you:

1. _____
2. _____
3. _____
4. _____
5. _____

List 5 things you truly love to do:

1. _____
2. _____
3. _____
4. _____
5. _____

List 5 memories you are eternally grateful for:

1. _____
2. _____
3. _____
4. _____
5. _____

List 5 things you love about personality and cannot be taken from you in the physical world:

1. _____
2. _____
3. _____
4. _____
5. _____

List 5 things you look forward to:

1. _____
2. _____
3. _____
4. _____
5. _____

When you think of a negative thought it creates walls that do not allow you to see possibility. Negative thoughts create a mental prison, and you may believe there is no way out of your situation. Using words like “always” and “never” build these prison walls higher.

By saying statements such as, "I always mess things up" or "I will never be rich" you lock your future into your past. In the present moment, you have an incredible power to unlock the potential of your future.

Practice throughout the day spotting your negative self-talk, and seeing when the OPPOSITE of your statement is true.

If you find truth in saying "I am broke", say the opposite, "I am rich" and discover how this new statement might be true or truer.

I am ugly - I am beautiful
I can't do this - This is easy to do
I'll never get this - I'll easily get this

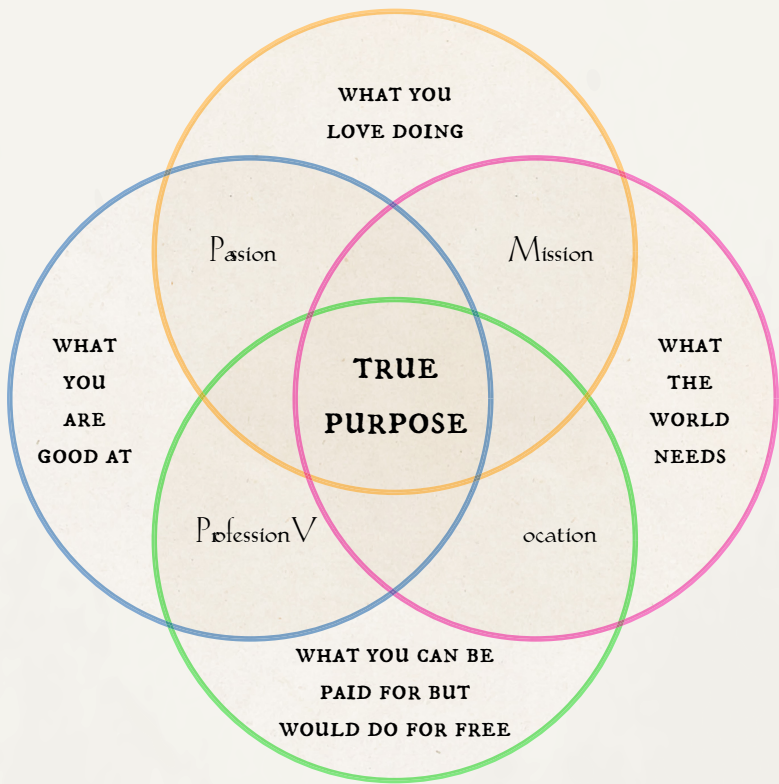
Life will always throw obstacles at you. By using positive mindset work, your life will expand and grow closer and closer to your dream life, until the obstacles seem easier and easier to handle.

CHAPTER IX: YOUR SOUL'S PURPOSE

Unhappiness and negativity stem from not living in alignment with your true nature or true purpose. The more you start trusting your intuition and signs from the universe, the quicker and more easily you will stay on your path of alignment.

Discover what is in alignment with your true purpose:

HOW TO FIND YOUR PURPOSE





WHAT YOU ARE GOOD AT



WHAT THE WORLD NEEDS



WHAT YOU LOVE DOING



WHAT YOU CAN BE PAID FOR
BUT WOULD DO FOR FREE



Passion



Mission



Profession



Vocation



TRUE PURPOSE

CHAPTER X: ENCODING YOUR DNA

ENCODING EXERCISE

Choose the one word you want to focus on manifesting most right now. i.e. love, money, happiness, joy, freedom.

Write the word you want to focus on manifesting
_____.

Now complete these sentences using your word.

I AM _____.

I AM MADE OF _____.

I AM LIMITLESS _____.

I GIVE _____ AND RECEIVE IT INFINITELY.

**THE MORE I GIVE _____ THE MORE I
RECEIVE.**

**THE MORE I RECEIVE _____ THE MORE I
GIVE.**

I HAVE AN INFINITE SUPPLY OF _____

BECAUSE I AM _____.

I FEAR NOTHING BECAUSE I AM _____.

**I HAVE LIMITLESS POSSIBILITIES AND POTENTIAL TO
CREATE _____.**

**THERE IS AN INFINITE SUPPLY OF _____ AND
IT COMES FROM WITHIN ME.**

Repeat this mantra to yourself throughout the day, visualize
yourself embodying your word, becoming your word.
if you find yourself thinking any negative or contradictory
thoughts, or focusing on the obstacles in your way, come back to
your mantra.

ENCODING YOUR DEITY DNA

With mantras, you can begin to embody your higher self. As you work to clear out your negative energy and past blockages, you can open up to install power from your higher self.

VISUALIZE pouring the parts of yourself you want to leave into the earth like compost.

VISUALIZE opening up from your crown, and receiving higher power and divine energy from the universe above you.

THIS TIME CLEAR YOURSELF OF ANY SHAME, GUILT, DOUBT, FEAR, SADNESS OR ANGER ASSOCIATED WITH IT. RELEASE YOURSELF OF ANY NEGATIVE FEELINGS OR PERSPECTIVES YOU WERE PROGRAMMED TO HAVE.

As you reprogram yourself to gain confidence as your true self, repeat these mantras:

I AM LIMITLESS AND INFINITE LOVE.

I AM LIMITLESS AND INFINITE ABUNDANCE.

I AM LIMITLESS AND INFINITE MONEY.

I AM LIMITLESS AND INFINITE HAPPINESS AND JOY.

ENERGETIC DEITY EXERCISE

Fill out the following to discover your powers:

First create your god/goddess name: _____

I am _____ (insert name)

god/goddess of _____ nature _____
and _____.

Ruler of (planet) _____.

I am the keeper of _____ and serve to
protect _____.

I Provide _____ to the _____
(people/things you help) of the universe.

my divine qualities are _____/
and _____.

My vehicle is a _____.

I hold the symbolic ornaments of _____
and _____.

I am draped in _____ and wear a crown of
_____.

As I walk _____ rains down and leaves a trail
of _____ behind me.

When I point my finger _____ (inset magic power).

CHAPTER XI: ACHIEVING YOUR DREAM LIFE

In order to manifest your positive changes into the physical world, and actually achieve your dream life, you must implement your action.

True happiness will unfold when you start living in alignment with your true purpose, and find fulfillment in helping others.

Serving your higher purpose is the answer to creating positive change in every area of your life. You will be providing value to the world, realizing your own worth, giving and receiving universal love, and in turn to will love yourself more.

You have a higher purpose. You were born to help others, and teach them how to overcome the lessons you learned to overcome. You have a unique perspective, talents and passions. You have a way to present your information to the world that no one else does. There are 7 billion people on the earth, and if you have faced a problem and needed help in your past, so have millions of others.

It is time to use the karmic lessons, trauma, and struggles of your past as your path of ascension.. It is time to help others overcome the obstacles that you have overcome.

There are secrets and strategies for developing a career that not only allow you to help as many people as possible, but will also allow you more freedom and time to pursue your passions. You will have the freedom of creative control, the freedom to create your own hours, and spend time with family or travel.

The more money you make, the more you can help others. The more freedom you will have, and more time to be inspired. This is the key to live a passionate, fulfilling life of love, freedom and joy. Money does not buy happiness, but it does buy freedom, comfort and security. This paired with having gratitude for your past present and future, and living a purposeful life in which you help others, that is true happiness.

STRATEGY

Imagine helping one thousand people at once in a group session, and making more money in that hour than you made in an entire year working for your boss. After helping people change their life, you are free to spend the day doing more of what you love! This is the type of opportunity and freedom that working for yourself will allow you. It is not easy, but it is worth it, and frankly, it is now a necessity.

85% is mindset. The rest comes from strategy and mentorship. The people you surround yourself with, you become. In the path of ascension and growth, it is important to surround yourself with others who can guide you towards your goals. For this reason it is strongly recommended to join a community of like-minded individuals with a similar path of growth and expansion, or to enroll in having a mentor who can influence you to have a positive mindset and give you the strategic tools needed to achieve your dreams.

To get clarification and guidance on applying these concepts to your unique obstacles and personal goals, join us as at Om School. We provide classes, coaching and a community, all at a low cost. Visit us at **WWW.OMSCHOOL.ORG/MEMBERSHIP** for opportunities to become a part of a community that supports each other in these goals. You will have the help and guidance of an instructor and coach who has already experienced the trial and error process so that you can achieve your dreams without fail.

Thank you for reading. We wish you limitless power,
abundance and love on your journey.

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